

# OCTOBER Breakfast & Lunch Menu

| <b>Monday</b>   | <b>Tuesday</b>   | <b>Wednesday</b>   | <b>Thursday</b>  | <b>Friday</b>  |
|---|--|--|--|--|
|   | 1  | 2  | 3  | 4  |
|   | <p style="text-align: center;"><b>Egg Patty</b><br/>Walking Taco<br/>Toppings<br/>Shredded Cheese<br/>Bread/Butter<br/>Fruit &amp; Veggie Bar</p>           | <p style="text-align: center;"><b>Breakfast Bites</b><br/>Stuffed Crust<br/>Cheese Pizza<br/>Cookie<br/>Fruit &amp; Veggie Bar<br/><i>12:30 out</i></p>  | <p style="text-align: center;"><b>Donut</b><br/>Mini Corn Dogs<br/>Mac and Cheese<br/>Fruit &amp; Veggie Bar</p>   | <b>NO SCHOOL</b>   |
| 7   | 8  | 9  | 10   | 11   |
| <p style="text-align: center;"><b>Breakfast Bar</b><br/>Italian Dunkers<br/>(Cheese Breadstick)<br/>Pudding<br/>Fruit &amp; Veggie Bar</p>  | <p style="text-align: center;"><b>Breakfast Pizza</b><br/>Chicken Nuggets<br/>Mashed Potatoes<br/>Gravy<br/>Bread/Butter<br/>Fruit &amp; Veggie Bar</p>  | <p style="text-align: center;"><b>Cinnamon Roll</b><br/>Mandarin Orange<br/>Chicken<br/>Rice<br/>Bread/Butter<br/>Fruit &amp; Veggie Bar</p>   | <p style="text-align: center;"><b>Egg Cheese Omelet</b><br/>Hamburger/Bun<br/>Green Beans<br/>Chips<br/>Fruit &amp; Veggie Bar</p>        | <p style="text-align: center;"><b>Pancake Bites</b><br/>Fiestada<br/>Spanish Rice<br/>Churro<br/>Fruit &amp; Veggie Bar</p>                      |
| 14  | 15   | 16   | 17   | 18   |
| <p style="text-align: center;"><b>Waffles</b><br/>Sloppy Joes<br/>Doritos<br/>Fruit &amp; Veggie Bar</p>   | <p style="text-align: center;"><b>Donut</b><br/>Grilled Chicken<br/>Broccoli &amp; Cheese<br/>Jell-O<br/>Fruit &amp; Veggie Bar</p>  | <p style="text-align: center;"><b>Scrambled Eggs</b><br/>Hot Dog/Bun<br/>Chili<br/>Shredded Cheese<br/>Fruit &amp; Veggie Bar</p>       | <p style="text-align: center;"><b>Breakfast Bites</b><br/>Spaghetti<br/>Shredded Cheese<br/>Breadsticks<br/>Fruit &amp; Veggie Bar</p>  | <p style="text-align: center;"><b>Chocolate, Chocolate<br/>Chip Muffin</b><br/>Stuffed Crust<br/>Pepperoni Pizza<br/>Fruit &amp; Veggie Bar</p>  |
| 21  | 22   | 23   | 24   | 25   |
| <p style="text-align: center;"><b>Chocolate Chip<br/>Muffin</b><br/>Meaty Nachos<br/>Toppings<br/>Shredded Cheese<br/>Bread/Butter<br/>Fruit &amp; Veggie Bar</p>  | <p style="text-align: center;"><b>French Toast</b><br/>Hamburger/Bun<br/>Baked Beans<br/>Fruit &amp; Veggie Bar</p>                                       | <p style="text-align: center;"><b>Biscuits &amp; Gravy</b><br/>Chicken Strips<br/>Mashed Potatoes<br/>Gravy<br/>Bread/Butter<br/>Fruit &amp; Veggie Bar</p>  | <p style="text-align: center;"><b>Cinnamon Roll</b><br/>Biscuits &amp; Gravy<br/>Tator Tots<br/>Juice<br/>Fruit &amp; Veggie Bar</p>    | <p style="text-align: center;"><b>Breakfast Pizza</b><br/><b>Bacon, Egg, Cheese</b><br/>Subs<br/>Chips<br/>Cookie<br/>Fruit &amp; Veggie Bar</p> |
| 28  | 29   | 30   | 31   |  |
| <p style="text-align: center;"><b>Donuts</b><br/>Cheese Calzones<br/>Brownies<br/>Fruit &amp; Veggie Bar</p>  | <p style="text-align: center;"><b>Breakfast Bar</b><br/>Soft Shell Taco<br/>Toppings<br/>Shredded Cheese<br/>Bread/Butter<br/>Fruit &amp; Veggie Bar</p>  | <p style="text-align: center;"><b>Blueberry Muffin</b><br/>Chili<br/>Shredded Cheese<br/>Cinnamon Rolls<br/>Fruit &amp; Veggie Bar</p>  | <p style="text-align: center;"><b>Breakfast Bites</b><br/>BBQ Pulled<br/>Pork/Bun<br/>Baked Beans<br/>Fruit &amp; Veggie Bar</p>   | <p><b>SUBJECT TO<br/>CHANGE WITHOUT<br/>NOTICE<br/>DUE TO<br/>AVAILABILITY OF<br/>CERTAIN PRODUCTS</b></p>                                       |

Friend Public School is an equal opportunity provider